



# Buffalo Spine Surgery

Center for Excellence in Spine Care

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Name \_\_\_\_\_ Date \_\_\_\_\_

When (what date) did your present pain start? \_\_\_\_\_

What caused the pain to start? \_\_\_\_\_

Have you ever had similar problems? Yes No

If yes, please explain \_\_\_\_\_

Are you still working? Yes \_\_\_\_\_ No \_\_\_\_\_ Last day worked \_\_\_\_\_

How did the pain start? Circle all that apply.

- |          |                 |           |                          |
|----------|-----------------|-----------|--------------------------|
| Suddenly | Injured at work | Lifting   | Injured in auto accident |
| Fall     | Hit from behind | Pulling   | Injured during sports    |
| Twisting | Bending         | Gradually | sneezing                 |

What activities make the pain worse? Circle all that apply.

- |                   |                  |                 |
|-------------------|------------------|-----------------|
| Exercise (during) | Exercise (after) | Sitting         |
| Standing          | Walking          | Bending forward |
| Bending backwards | Coughing         | Sneezing        |

What relieves the pain? Circle all that apply.

- |                       |                     |                |                     |
|-----------------------|---------------------|----------------|---------------------|
| Lying down            | Sitting             | Standing       | Walking             |
| Aspirin               | Anti-inflammatories | Pain pills     | Injections for pain |
| Muscle relaxant pills | Manipulation        | Exercise in PT |                     |

Other \_\_\_\_\_

How long have you had this pain? \_\_\_\_\_ years \_\_\_\_\_ months \_\_\_\_\_ days

How long have you had similar pain? \_\_\_\_\_ years \_\_\_\_\_ months \_\_\_\_\_ days

Have you had any of the following tests?

- |                            |                   |       |
|----------------------------|-------------------|-------|
| Diagnostic X-rays          | Date and facility | _____ |
| CT scans                   | Date and facility | _____ |
| Myelogram (X-ray with dye) | Date and facility | _____ |
| EMG                        | Date and facility | _____ |
| Discogram                  | Date and facility | _____ |
| MRI                        | Date and facility | _____ |
| Arthrogram                 | Date and facility | _____ |
| Sonogram                   | Date and facility | _____ |
| Injections                 | Date and facility | _____ |

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